



# Huddle Message: advocate

WE ALL SHAPE THE PATIENT EXPERIENCE



## icare STANDARD:

I advocate on behalf of patients, families, colleagues and myself.

## BEST PRACTICE:

Lighting in patient rooms is challenging, for both staff and patients. When providing care at night, and for patients in double-bedded rooms, use only necessary lights and be mindful to only turn on the lights above the patient's bed.

## OUR PATIENTS' PERSPECTIVE:

*"I wish there was a way to complete needed tasks without the very bright lights. Every time staff had to come in to tend to my roommate, the lights going on and the noise...it was disturbing and prevented me from sleeping."*

## icare, how can I make a difference?

- ↳ When going into patient rooms at night, only turn on lights that are necessary to provide care. In double-bedded rooms it's important to make sure you are turning on the correct patient's light(s) so the other patient is disturbed as little as possible.
- ↳ In some instances, you may be able to decrease the brightness or light in a patient room by shutting off the monitor to the computer/PC (only the monitor) after providing care. This will darken the room and may allow the patient to rest easier.

**We Welcome Your Feedback**  
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