

Joint Commission
Preparation

2021

Tell the Story of
Pain Relief



MASSACHUSETTS
GENERAL HOSPITAL

PCS QUALITY, SAFETY & PRACTICE

Pain: A Key Areas of Focus

Tell the Story



	09/29						09/30
Time: ◀	2345	0000	0100	0416	0428	0530	0701
▼ Pain Assessment							
Pain Assessment	0-10		0-10	0-10		0-10	
Pain Score	5		0	5		3	
Simple Descriptive Pain Score							
Pain Orientation	Right			Right			
Pain Location	Hip			Hip			
Pain Descriptors	Aching			Aching			
Clinical Progression	Not ch...			Not ch...			
Exacerbating Factors	Activity			Activity			
Alleviating Factors	Sleep/...			Sleep/...			
Pain Type	Surgic...			Surgic...			
Pain Intervention(s)	Comfor...			Pain m...			
Response to Interventions	awaiting			awaitin			
▼ Sedation Assessment							
Richmond Agitation Sedation Scale (R...	0						
Pasero Opioid-induced Sedation Scale...	1						
▼ Analgesics							
Acetaminophen ORAL (mg)		650				650	
OxyCODONE ORAL (mg)		5			5		

Flowsheet documentation shows assessments, interventions, and patient response

Pain medication (See MAR), Comfort measures; Reposition

Tell the Story through PAIN DOCUMENTATION

Assess – Screen all patients (admitted to ED or Hospital) for pain & fully assess if in pain

- Perform a full pain assessment at least every shift during the hospital stay
- Include its description, intensity, location &/or modifiers (what makes it better or worse)
- Assess for risks associated with pain treatments

If pain > midpoint on pain scale; comfort/function goal; care plan & past/present responses to therapy

Intervene – Tailor a care plan that includes realistic expectations and measurable goals

- Document pain assessment before & after treatments
- Consider (opioid-sparing) Medications, PT/OT, Pain Service, Behavioral &/or Integrative therapy
- **Educate** (then document) and engage patients/caregivers about:
 - The specific treatment plan and how pain and medication effects are assessed and managed,
 - Desired treatment response (pain, function, safety)
 - Post-discharge safety (impact of pain on ADLs; safe use, storage & disposal of drugs)

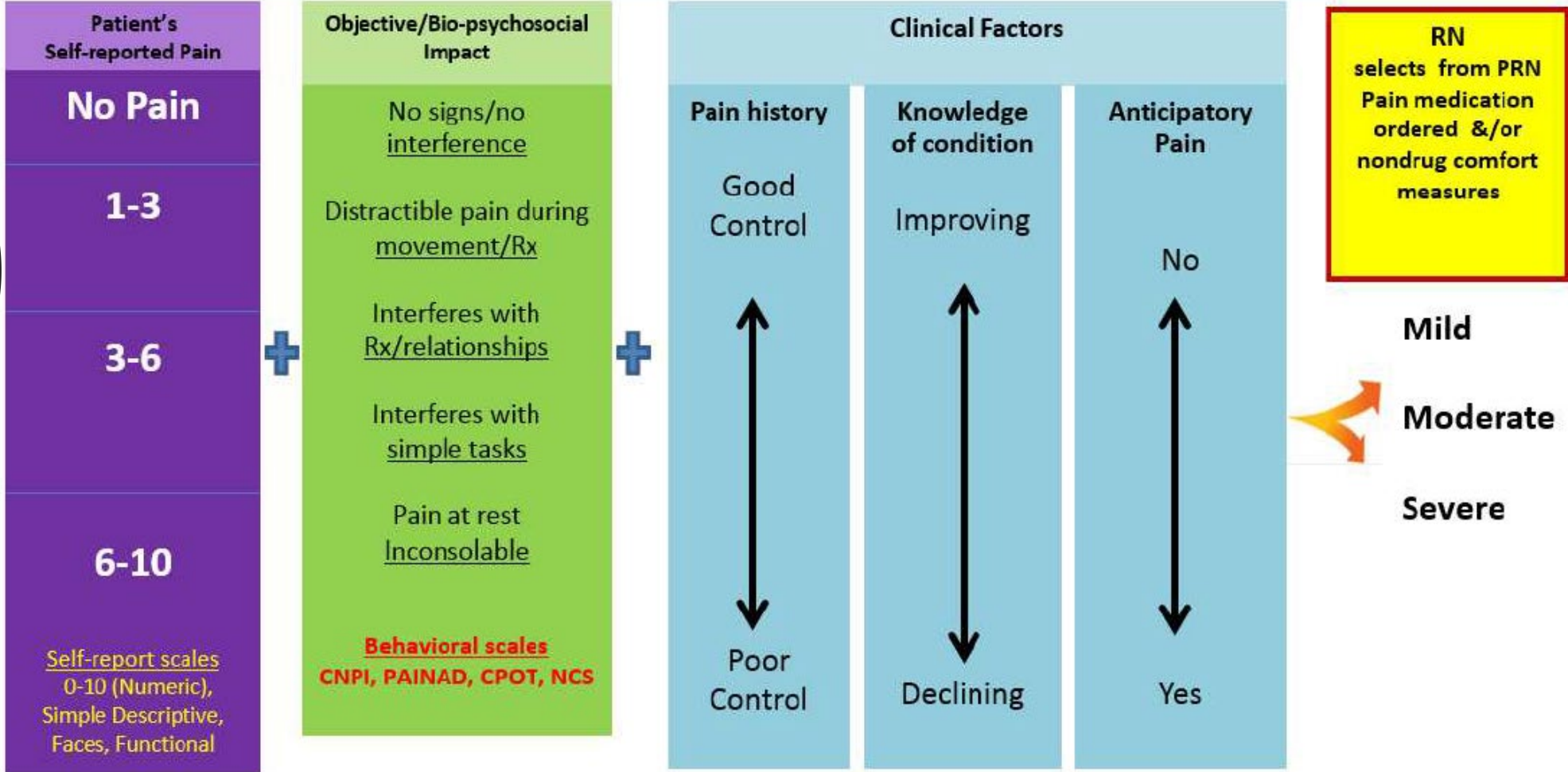
Evaluate – Document progression toward pain goals in nursing Plan of Care.

PRN PAIN MEDICATION SELECTION GUIDELINES: MILD-MODERATE-SEVERE

PAIN ASSESSMENT

Patient's Self-report + Objective Assessment + Clinical Judgment = Mild-Moderate-Severe

Tell the Story of HOW WE SELECT PRN PAIN MEDICATION



Important consideration
Decrease the need for PRN opioid analgesics by discussing with healthcare team the feasibility of scheduling routine non-opioid pain medications